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**IN THE SUPREME COURT OF PAKISTAN, ISLAMABAD**

(Original Jurisdiction)

To

1. The Attorney General for Pakistan, Islamabad.
2. The Advocate General, Islamabad.
3. The Advocate General Punjab, Lahore C/o DR(L)
4. The Advocate General Sindh, Karachi C/o AR(K)
5. The Advocate General KPK, Peshawar C/o AR(P)
6. The Advocate General Balochistan, Quetta C/o O/I(Q)
7. The Secretary, National Health Services, Regulation & Coordination, Islamabad.
8. The Secretary, M/o Information, Islamabad. →
9. The Chairman PEMRA, Islamabad. →
10. The C.E.O, DRAP, Islamabad.
11. The Chairman, Punjab Health Care Commission. C/o DR(L)
12. The Chairman, Sindh Health Care Commission C/o AR(K)
13. The Chairman, KPK Health Care Commission C/o DR(P)
14. The Chairman, Balochistan Health Care Commission C/o O/I (Q)
15. The Secretary Health, Government of Punjab C/o DR(L)
16. The Secretary Health, Government of Sindh C/o AR(K)
17. The Secretary Health, Government of K.P.K. C/o DR (P)
18. The Secretary Health, Government of Balochistan C/o O.I(Q)
19. The Secretary, CA&DD, Islamabad.
20. Dr. Nadeem Hayat, Punjab Institute of Cardiology, Lahore C/o DR(L)
21. Dr. Azhar Kayani, Chief Executive, Rawalpindi Institute of Cardiology, Rawalpindi.
22. The Chief of Cardiology Department, Al-Shifa International Hospital, Islamabad.
23. The Medical Superintendents/Medical Director Quaid-e-Azam International Hospital, Islamabad.
24. The Medical Superintendents/Medical Director Kulsum International Hospital, Islamabad.
25. Dr. Akhter Ali Bandedha, Pakistan Institute of Medical Sciences (PIMS) Hospital, Islamabad.
26. The Medical Superintendents/Medical Director Agha Khan Hospital, Karachi C/o AR (K)
27. Dr. Nadeem Rizvi, National Institute of Cardiology (NIC) Karachi C/o AR (Karachi).
28. Mr. Muhammad Ali Saif, ASC through Mr. Arshad Ali Chaudhry, AOR (For FBR).
29. Dr. Murtza Najabat Ali, Project Director, Medical Device Development Centre, National University of Science & Technology (NUST), Islamabad

To published and air relevant portions of the enclosed order in print an electronic media


**SUBJECT: HUMAN RIGHTS CASE No 10633 - P / 2018**  
IN THE MATTER REGARDING AFFORDABLE STANDARD PRESCRIPTION OF CHEAP MEDICAL TREATMENT FOR THE HEART SURGERY PATIENTS.

Take notice that the above noted case came up for hearing before the Court on **27.03.2018** and an order was passed, Certified of which is enclosed herewith.

Take further notice that the above cited matter stands fixed for next hearing before the Court on **17.05.2018** at 09:00 p.m. in the Court House, at Islamabad. You are, therefore, required to ensure compliance of the enclosed Court Order in letter & spirit and also to appear before the Court on the date & time fixed for hearing of subject Case.

Islamabad: 7<sup>th</sup> April, 2018

You are required to bring original CNIC for purpose of verification of your identity.

  
(Sr. Court Associate)  
(Human Rights Cell)  
Ph:051-9203557  
Fax:051-9219516

No. 32108Dt: 12/04

DC/AD	
DLA	
DHA	
DCG ✓	
DCP/DDC/DDP	
DQA	
Prog. Adv/AD(AQC)	
DD HR/DDA	
ADF	
AD (Lic.)/(Insp)	
AD (C)	
AD Legal ✓	
DD (IA)	
AD M&E/R&A	

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**IN THE SUPREME COURT OF PAKISTAN**  
**(ORIGINAL JURISDICTION)**

**PRESENT:** MR. JUSTICE MIAN SAQIB NISAR, HCJ  
MR. JUSTICE UMAR ATA BANDIAL  
MR. JUSTICE IJAZ UL AHSAN

**HUMAN RIGHTS CASE NO.10633 OF 2018**

(In the matter regarding affordable standard prescription of cheap medical treatment for the heart surgery patient.)

In attendance: Syed Nayyar Abbas Rizvi, Addl. A.G.P.

Ms. Asma Hamid, Addl. A.G., Punjab  
Mr. Zahid Yousaf Qureshi, Addl. A.G., KPK  
Mr. Ayaz Swati, Addl. A.G., Balochistan  
Mr. Akram Ali Khawaja, Addl. Secy. Health,  
Sindh

Lt. Gen. Dr. Azhar Kiyani, Head of  
Rawalpindi Institute of Cardiology

Dr. Minhaj Qudrai, CEO Sindh Health Care  
Commission

Mr. Asadllah Khan, Chief Inspector KP  
Health Care Commission

Date of Hearing: 27.03.2018

**ORDER**

Pursuant to our order, Lt. Gen. (R) Dr. Azhar Kiyani, Head of Rawalpindi Institute of Cardiology (RIC) has provided a write up about the minimum facilities/equipment which must be available in the emergencies of public and private hospitals. A list of such equipment has also been placed on record.

2. Lt. Gen. Kiyani has provided a standard template of prescriptions for patients of certain chronic diseases including hypertension and cardiovascular diseases who may have undergone any heart related procedure (bye-pass surgery/angioplasty etc). The standard prescriptions contain drugs readily available in the market at affordable rates so that patients suffering from hypertension and cardiovascular diseases are not burdened by unbearable costs over extended periods of time. The standard prescriptions cost around Rs.500/- to Rs.1100/- per month for diseases mentioned below:

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**Sample of Prescriptions for Ischemic Heart Disease/Hypertension  
(High Blood Pressure)/Heart Failure**

**Heart Failure (CCF) Treatment**

Tab Spironolactone/Frusemide 40/40	1+1/2+0	<b>01 Month cost (PKR)</b>	370.00
Tab Ramipril 5mg	1 x OD		360.00
Tab Carvedilol 3.125mg	1 x OD		160.00
Tab ASA (Acetyl salicylic acid) 75 mg	1x OD		23.00
<b>Total:</b>			<b>913.00</b>

**Ischemic Heart Disease (Angina) Treatment**

Tab ASA (Acetyl salicylic acid) 75mg	1 x OD	<b>01 Month cost (PKR)</b>	23.00
Tab Glyceryl Trinitrate 2.6mg	1 x BD		198.00
Tab Atorvastatin 10mg	1 x OD		201.00
Tab Bisoprolol 5mg	1 x OD		190.00
<b>Total:</b>			<b>612.00</b>

**High Blood Pressure Treatment**

Tab Amlodipine/Valsartan 5/80	1 x OD	<b>01 Month cost (PKR)</b>	540.00
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**After Angioplasty (stenting)**

Tab ASA (Acetyl salicylic acid) + Clopidogrel	1 x OD	<b>01 Month cost (PKR)</b>	444.00
Tab Glyceryl Trinitrate 2.6mg	1 x BD		198.00
Tab Atorvastatin 10mg	1 x OD		201.00
Tab Bisoprolol 5mg	1 x OD		190.00
<b>Total:</b>			<b>1033.00</b>

3. The Attorney General as also all the Advocates Generals shall arrange for circulation of these prescriptions to all public and private hospitals who may submit their comments if any. These prescriptions may also be published in different newspapers conspicuously so that the public may have an idea about the price of prescription medication for treatment/management of the aforesaid health conditions. Patients must be made aware that necessary medicines are available at affordable prices. A suitably worded and easily understandable caviat may however, be included in newspaper publications etc to the effect that the public should not take the risk of indulging self-medication. Further, before changing their current medication patients must consult their doctor to avoid any undesirable complications. The doctor may after assessing the condition and requirement of the patient change or modify the prescription in the best interest of the patient. In changing the prescription the doctor may prescribe alternate and / or additional drugs but in doing so care must be taken to prescribe the least expensive drug from the available options.

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4. On hearing various experts in the filed, we are of the view that in cases of emergencies, healthcare facilities need to respond with minimal delay and maximum life support and management / treatment facilities as in such situations seconds and minutes count. All healthcare facilities should be well located and equipped to deal with emergencies 24/7. Following steps should progressively be taken: -

a. The Emergency Department of all DHQ and THQ hospitals should be upgraded to cater for the needs of the local population.

b. A model should be developed which can then be replicated across the Province.

c. A proper referral system should be developed for more advanced care like Primary PCI OR Aortic surgery or plastic surgery for burns or trauma.

d. Proper SOPs and local Guidelines for management of every emergency should be Prepared and displayed at each emergency department of all the hospitals.

5. A list of necessary equipment which must be available in every emergency, provided by Lt. Gen(R) Dr.

Azhar Kiyani is reproduced below:-

Sr. No.	Equipment	Requirement	
		THQH	DHQH
1	CPR trolley	1	1
2	C-ARM (Fluoroscopy)	1	1
3	X-ray Machine (Portable)	-	1
4	Ventilators	2	5
5	Dialysis Machines	2	8
6	ABG's Machine	1	1
7	Endoscope	1	1
8	Bronchoscope	-	1
9	Echocardiography Machine	-	1
10	Operation Theaters	1	2
11	Incubators	4	10
12	Pediatric Ventilators	4	10
13	Ultrasound Machine	1	2
14	ECG Machine	1	2
15	Nebulizers	4	8
16	Portable Ventilators	1	2
17	CT Scan	-	1
18	Cardiac Monitors	4	12
19	Defibrillators	1	2
20	Infusion Pumps	4	12
21	Temporary Pacemaker	1	5

6. Let a copy of this order be handed over to the Attorney General for Pakistan as well as all the Advocates General of the

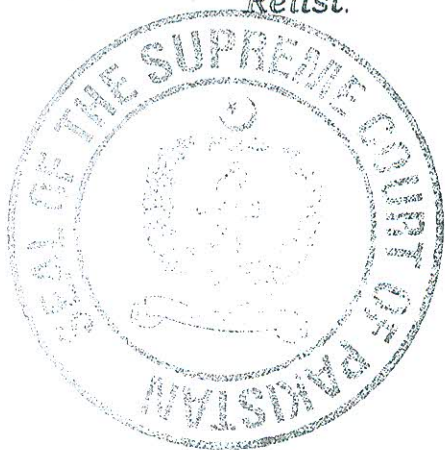
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Provinces and Islamabad Capital Territory. They shall circulate/arrange for circulation of this order amongst all concerned officers including the concerned ministries, heads of public and private hospitals etc. They shall ensure that the equipment listed, <sup>in</sup> the order is made available in emergencies of all public and private hospitals as soon as possible.

7. In case any public or private hospital or any expert or health professional wishes to provide any additional input in the matter, it / he may file the same before this Court within thirty days of the publication thereof.

*Relist.*



ISLAMABAD.  
27<sup>th</sup> March, 2018.  
Mudassar /

*6-4-18*

*CI* MIAN SAQIB NISAR, HCJ  
*CI* UMAR ATA BANDIAL  
*CI* IJAZ UL AHSAN  
Certified to be True Copy  
*Mash* 7.4.2018  
S. Court Associate  
Supreme Court of Pakistan  
(Islamabad)

